



SCIENTIFIC PROGRAM

Friday - Sunday
03-05 October 2025
Conrad Abu Dhabi Etihad Towers
United Arab Emirates

*Your premier destination
for RMDs innovation in the region*

www.AdARRC.org

Schedule-at-a-Glance



Friday - Sunday
03-05 October 2025

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FRIDAY
03
OCTOBER

5 AdARRC ACADEMIES OF EXCELLENCE



SATURDAY
04
OCTOBER

AdARRC™ LEADING INSIGHTS FORUM

SUNDAY
05
OCTOBER

3 Scientific Sessions

5 Advanced Lectures

6 Parallel Focused Workshops

1 Industry Symposium

3 Scientific Sessions

6 Advanced Lectures

6 Parallel Focused Workshops

1 Industry Symposium

Program as of 22 September 2025

Please note: This program is subject to change. For the most up-to-date information, please see our website.



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SATURDAY
04
OCTOBER

LEADING INSIGHTS FORUM 1

06:50 - 08:00	Registration
08:00 - 08:10	Opening Remarks

SESSION

01

Systemic Lupus Erythematosus (SLE): Treatment Advances in 2025

08:10 - 09:00	Update on Systemic Lupus Erythematosus (SLE)	Michelle Petri, USA
09:00 - 09:50	Lupus Nephritis: Current Challenges and Future Directions	Salem Almaani, USA
09:50 - 10:10	AdARRC™ Networking & Refreshment Break	

SESSION

02

Combined Round 1

10:10 - 11:00	Biological Therapies in Allergy: Prescribing Trends and Hypersensitivity Management	Mohamed Shamji, UK
11:00 - 11:50	Uveitis and Spondyloarthritis: Clinical Updates	Lilian Julian, UAE
11:50 - 12:35	Industry Symposium 1	
12:35 - 13:45	Lunch Break	

SESSION

03

Inflammatory Arthritis

13:45 - 14:35	Update on the Management of Axial Spondyloarthritis (axSpA)	Xenofon Baraliakos, Germany
14:35 - 15:25	Definitions and Management of Difficult-to-Treatment Rheumatoid Arthritis (RA)	Iain McInnes, Scotland
15:25 - 15:45	Crystal Honors: Achievement Spotlight	
15:45 - 16:00	AdARRC™ Networking & Refreshment Break	

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SATURDAY
04
OCTOBER

PARALLEL FOCUSED WORKSHOPS

16:00 - 17:00	Workshop 1: Update on Lupus Nephritis	Michelle Petri, USA Rajaei Namas, UAE
	Workshop 2: The Kidney Biopsy in Systemic Lupus Erythematosus: A View of the Past and a Vision of the Future	Salem Almaani, USA
	Workshop 3: Allergy for Rheumatologists	Mohamed Shamji, UK
	Workshop 4: Imaging in Axial Spondyloarthritis: What the Rheumatologist Should Know	Xenofon Baraliakos, Germany
	Workshop 5: Autoinflammation and Autoimmunity Across Rheumatic and Musculoskeletal Diseases (RMDs)	Iain McInnes, Scotland
	Workshop 6: Diagnostic Dilemmas in Clinical Imaging: An Interactive Case-Based Workshop	Arthur Bookman, Canada

END OF DAY 2

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SUNDAY
05
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LEADING INSIGHTS FORUM 2

06:50 - 08:00	Registration
08:00 - 08:10	Opening Remarks

SESSION

04

Pediatric Rheumatology

08:10 - 09:00	Lupus in Children and Adolescents	Clarissa Pilkington, UK
09:00 - 09:50	CAR-T Cell Therapy for Childhood Onset Autoimmunity: Progress and Promise	Holly Wobma, USA
09:50 - 10:10	AdARRC™ Networking & Refreshment Break	

SESSION

05

The Global Landscape of Rheumatic and Musculoskeletal Diseases (RMDs)

10:10 - 10:55	Industry Symposium 2	
10:55 - 11:45	Rheumatic and Musculoskeletal Diseases (RMDs) in the Asia-Pacific: An APLAR Perspective	Sumaira Farman Raja, Pakistan
11:45 - 12:35	Health Disparities in Rheumatic Diseases: Understanding Global Challenges in Africa and Proposing Strategies for Improvement	Dzifa Dey, Ghana
12:35 - 14:00	Lunch Break	

SESSION

06

Combined Round 2

14:00 - 14:50	Diagnostic Guidance for Chronic Complex Regional Pain Syndrome 2025	Christopher Gharibo, USA
14:50 - 15:40	Update on Treatment of Sjögren's Syndrome	Arthur Bookman, Canada
15:40 - 16:00	AdARRC™ Networking & Refreshment Break	

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SUNDAY
05
OCTOBER

PARALLEL FOCUSED WORKSHOPS

16:00 - 17:00

Workshop 1: Challenging Lupus Cases: Bring Yours for Expert Discussion	Clarissa Pilkington, UK
Workshop 2: Difficult Cases in Paediatric Rheumatology Approach and Management	Holly Wobma, USA
Workshop 3: The Assessment and Management of Bone Health in Pediatric-Onset Rheumatological Diseases From Early Age to Adulthood	Sumaira Farman Raja, Pakistan
Workshop 4: The Use of Hydroxychloroquine During the Periconception Period and Pregnancy in Women With Autoimmune Diseases	Dzifa Dey, Ghana
Workshop 5: Correlation Between Subjective and Objective Severity of Oral and Ocular Dryness in Primary Sjögren Syndrome	Arthur Bookman, Canada
Workshop 6: Consensus Guidelines for Prescription of Opioids for Rheumatology Patients	Christopher Gharibo, USA

END OF DAY 3

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